

The 31st Annual Door County Summer Institute

Interested in Child Psychiatry?

The 31st Annual Door County Summer Institute will be offering a two-day course providing

8.0 AMA PRA Category 1 Creditstm.

Session 7: Learning Lifespan Development: Watching Real Kids (and their Parents) Grow Up

Geri Fox, MD

July 31-August 1, 2017 8:00 am-12:15 pm (Monday & Tuesday) at the Landmark Resort in Egg Harbor, WI

Geri Fox, MD, MHPE, is Professor of Clinical Psychiatry at University of Illinois Chicago, where she serves as Director of Psychiatry Undergraduate Medical Education, as well as Assistant Dean for GME. She also served as the Director of Child and Adolescent Psychiatry Fellowship Training. Dr. Fox has been recognized as the Psychiatric Educator of the Year by multiple national organizations. She is author, director, and producer of a video curriculum for educators who teach normal child and adolescent development, and those who teach about attachment and loss at the end of life. Dr. Fox's Lifespan Development video curriculum is utilized by the majority of US medical schools and internationally.

Symposium Description and Objectives

Dr. Fox will review basic theories of normal lifespan development, illustrating these concepts with short video clips of her own son and daughter growing up, as well as of her father as he reaches the end of his life. The videos bring these concepts to life and are intended to stimulate discussion and promote learning. Emphasis is placed on useful wisdom that can be gleaned from these theories, to inform our efforts at parenting, and raising happy, well-adjusted, successful children. To maximize learning, we will use both topical and lifespan approaches, utilizing video clips throughout the course. We will review major developmental theories to provide participants with the broad concepts and then discuss challenges of old age, end of life issues, and losing a loved one. Finally, we will switch to a chronological approach, integrating the theories into each age and phase.

Participants will:

- (1) Gain familiarity with developmental lines attachment, cognitive, moral, psychosexual, psychosocial, theory of mind/ empathy, and identity
- (2) Apply basic principles of behavioral and social learning to common parenting challenges
- (3) Reflect on common psychological and emotional struggles at end of life and with losing loved ones
- (4) Review developmental hallmarks and challenges of various phases, from infancy through adolescence

Monday Principles of learning milestones; Definitions of "normal"; Overview of developmental theories: Attachment, emotional, identity formation, psychosexual, psychosocial, cognitive, and moral development, theory of mind/empathy, behavioral and social learning, parenting

Tuesday Group discussion regarding attachment and loss at end-of-life, utilizing Dr. Fox's video documentary about her father's decision-making at age 97; Integration of theories by age: Infant, toddler, preschool, middle childhood, pre-adolescence, adolescence, and young adult. Optional: If participants have brought their children, we might interview them, time permitting!

Registration fee for this session is \$340 (however, mention this flyer and receive a \$50 discount!)

Full-time Student and Resident Fee is \$240

For more information on these and other week-long seminars or to register, please visit our website:

<http://www.mcw.edu/psychiatry/doorcounty.htm> or call (414) 955-7250