

AACAP Assembly of Regional Organizations

Meeting: October 24, 2017

Mark Borer, MD, Assembly Chair: Interesting Tidbits:

- Bylaws are being rewritten to make Vice Chair position “Chair-Elect”

Greg Fritz, MD, AACAP President:

- Mark has been the strongest liaison between Assembly and EC.
- Continues to focus his presidency on integrative care
- EC determined it will not currently implement an “allied professional” membership

Deb Koss MD, Assembly Vice-Chair:

- Discussed the RO infrastructure support
- Discussed the availability of a \$3,000 advocacy and collaboration grant to support an advocacy plan for a regional organization

Melvin Oatis, MD, Assembly Secretary Treasurer:

- Directors and officers insurance now free to all ROCAPs
- Assembly Budget: No longer a fee for delegates, as long as one registers ahead of time for the conference
- Discussed health of Assembly and noted continued decline of revenue from pharma
- Reviewed accomplishments of ROCAPs

Karen Pierce, MD, Assembly Representative to Council:

- Praised ROCAPs for their work, particularly Minnesota for writing about its liaison relationships with the Minnesota branch of the APA.

Assembly Elections:

- The ballot was not full. Many people were over-committed and unable to accept a nomination.

Candidates:

- Assembly Chair: Deb Koss, MD
- Assembly Vice Chair: Melvin Oatis, MD
- Assembly Secretary-Treasurer: Robert Holloway, MD and Marian Swope, MD

Results:

- Assembly Chair: Deb Koss, MD
- Assembly Vice Chair: Melvin Oatis, MD
- Assembly Secretary-Treasurer: Marian Swope, MD

Advocacy Committee Update:

- 120 registrants attended Legislative Day on October 23, 2017 in Washington, DC.
- Attendees asked for:
 - CHIP reauthorization
 - Loan forgiveness
 - Karen Pierce talked about ways that Ron Szabat really did a great job of training members for advocacy
 - Every committee member must write an article for *AACAP News*

Advocacy Liaison Network: Update

- Monthly conference calls : First Monday of the month at 7 PM Central time
- Plan is to expand the impact of this 120 member group – a hope to strengthen local advocacy

AMA Liaison Report: Louis Kraus and David Fassler

- AMA policy on consumer marketing of pharma was changed by one person who made the right statement at the right time
- Resolutions to mention:
 - ASAM (addiction medicine and the APA dealing with modernizing addiction treatment records)—all treating clinicians should be able to communicate about treatment but in a manner that still protects patient privacy.
 - 2nd year medical student: “the reporting of child abuse in the military” No required reporting between state authorities and the internal military authorities which means the state does not always know that there is substantiated abuse.
 - In the past, ideas for resolutions have come from the Assembly so Louis and David wish Delegates would let them know when they have ideas.

PAC Update: Karen Pierce

Karen provided an update about the American Association of Child and Adolescent Psychiatry. The PAC is non-partisan and active. You are NOT a member of the PAC unless you pay money toward the PAC.

Immigrant and Refugee Mental Health Update: Shawn Sidhu, MD

- 11 million Syrian children displaced
- In 2016, over 15,000 adults deported and left their children in the US in 2015
- Discussed mental health issues faced by immigrant and refugee children and reminded that AACAP has a practice parameter for working with immigrant and refugee children

Open Forum

- Psychologist Prescribing: Support psychiatrists choosing to provide psychotherapy. More support for this and more training for this is needed. Discussed AACAP policy statement on psychologist prescribing that psychologists should not be prescribing due to safety

- Michigan talked about its incredibly positive experience with the AACAP Assembly advocacy liaison grant
- Discussion of concerns about workforce shortage, problems with loan repayment
- Discussion of concerns that psychotherapy is not appropriately paid for
- Discussion of lack of access and legislation
- “Access to care” does not mean “access to effective care” “The devil is in the details”
- “Why do we want psychologists to be paid to do something they are not trained to do, when the psychotherapy that they are trained to do is the number one front line intervention for all child and adolescent mental health conditions is psychotherapy?”

Andres Martin: JAACAP Report

- Showed a video about Break the Cycle—Go Badgers!

ABPN Report

ABPN is seeking assembly delegates to work with them to explore different ways to demonstrate performance in practice.

Opiate Abuse Report

A presentation about opiate abuse was provided:

- Deaths from opiate use are on the rise, kids and their parents
- 6 percent of 18-25 year olds used heroin and a much smaller percent of 15-18 year olds
- People now start with opiates and shift to heroin
- Once monthly use of an opiate is consistent with use disorder
- New screening tools are available and easy to implement

Causes of Psychiatrist Burnout: Discussion

- Regulatory restrictions on sharing info
- Limited time with patients
- Increased documentation requirements
- Minimal support resources to organize records, conduct assessments
- Schedules do not allow collegial sharing, supervision, and consultation
- 40 % of psychiatrists are in cash only business
- Outpatient psychiatrists operate at a loss
- Demands will continue to rise and we will not be able to see each patient every time in an ongoing basis. See when sick and confusing then send back to primary care

National Council on Behavioral Health: Update

Drs. Liu and Parks spoke on the manpower issues.

CME Update

Eric Williams, MD spoke of the topic of AACAP providing its own CME credit, identifying the limited amount of staff. It was unclear whether this would lead to more members joining.

Other questions:

- Can AACAP help out with the state requirements for licensure?
- Will you keep us in the loop?

Community-Based Systems of Care Committee: Update

- Peter Metz, MD spoke about the Child and Adolescent Service Intensity Instrument (CASII) and the Early Childhood Service Intensity Instrument (ECSII)—useful in systems of care
- Support treatment planning and treatment progress and outcomes for children, considers environmental factors and to guide a system of care
- Family-driven and youth-guided care tenets
- 6 dimensions of CASII with 5 levels of severity
- CASII manual identifies services available for the different levels of severity
- ECSII has a new domain for Child-Caregiver Relationships, determines the SI Score indicated for any anticipated care environment to help guide services when stepping down from a residential setting or other transitions in care
- Appears to compare favorably with CANS

Catchers in the Rye Awards

Individual: Jim Harris, MD

Committee: Lifelong Learning Committee

Regional Organization: Illinois Council of Child and Adolescent Psychiatry

Afternoon Open Forum Topics

- Discussion on the purported safety of medical marijuana
- Discussion on training of primary care physicians for specific conditions
- Discussion about the drop off of interest in child psychiatry, as compared to a triple bound program

Advocacy Issues: Deb Koss, MD

Deb led a group discussion on advocacy issues.